

(These are specially selected elevated versions to help you fully and completely create a constant, unshakeable and immovable stage.)

Essence: Sweet children, decorate the temple of your heart and mind with the idols of Godly virtues and spread the fragrance of pure thoughts.

Question: What is true and most elevated *service*? What is a subtle and deep secret of accurate *service*?

Answer: When someone makes a mistake, then, together with cautioning that one, let the power of your yoga reach that one in a subtle way and destroy his or her impure thoughts. This is true and most elevated *service*. Together with that, also pay *attention* to yourself. No impure thoughts should arise in your mind because the *vibrations* from them can cause a loss for others. You have to remain cautious to this extent and *serve* others in a divine way. This is a subtle and deep secret of *service*.

Om shanti. Each and every effort-making child should first of all definitely adopt the stage of introversion. A lot of benefit is merged in introversion. It is only through this stage that you can remain unshakeable, constant, patient, humble, imbibe divine virtues and attain a completely knowledge-full stage. When you are not introverted you cannot attain a completely knowledge-full stage. This is because if the elevated versions you hear personally are not imbibed by you, you going into their depths but you just *repeat* the elevated versions you have heard, then those elevated versions are simply versions. If the elevated versions are not heard in a knowledge-full stage, then Maya's shadow is cast on those elevated versions. By simply *repeating* the elevated versions you have heard, they become influenced by the impure vibrations of Maya. Then, instead of you and others benefitting from them, loss is experienced and that is why you children should become completely introverted.

Your mind is like a temple. Just as you always have fragrance in a temple, in the same way, only when the temple of your mind becomes pure will pure thoughts *emerge*. Only images of pure deities, not devils, are kept in a temple. In the same way, you children should decorate the temple of your mind and heart with the idols of all the divine virtues. Those virtues are: free from attachment, free from greed, free from fear, patient and egoless because these are your divine qualities. You children have to make the temple of your mind very bright and clear, that is, completely pure. Only when this temple of yours becomes that bright and clear can you go to your very lovely bright and clear Paradise. You now have to make your mind completely bright and also control your physical senses and your mind which are influenced by the vices. Not only do you have to serve yourself, you also have to do this divine *service* of others.

In fact, the meaning of *service* is very subtle and deep. *Service* is not just cautioning someone about a mistake; no. You have to send them vibrations through your power of yoga and destroy their impure thoughts. This is most elevated true *service*. Together with that, you also have to pay *attention* to yourself. Not just your words and actions, but you mustn't even have any impure thoughts in your mind because their *vibrations* reach many others and cause a loss which would create a burden on you; this burden then becomes a bondage. Therefore, O children, you should remain cautious and also do this divine *service* of others. This is the alokik duty of you serviceable children. Those who do such *service* should not take any *service* from others. Even if you make a mistake by chance, *correct* that for all time with the power of your intellect's yoga. An intense effort-maker instantly realises as soon as he receives a signal and transforms himself and moves along in the future paying *attention* very well. This is the duty of the children with broad intellects.

O breath of my life, there is significance in completely sacrificing your body, mind and wealth in this imperishable sacrificial fire of knowledge of self-sovereignty, created by Supreme Soul. From the moment you say that you have sacrificed your body, mind and wealth, that is, you have surrendered everything and died, then, from that moment, nothing remains yours. In that, too, you first have to use your body and mind fully in *service*. When everything is for the yagya and God, then nothing can remain

for the self and you cannot even waste any wealth. Even your mind cannot run after impure and sinful thoughts because you have surrendered it to God. God is anyway the Being of purity and peace. Because of this, impure thoughts are automatically quietened. If you put your mind into the hands of Maya, then, because Maya has a *variety* of forms, many types of sinful thought arise that ride on the mind, the horse. If any child up to now still has sinful thoughts then you should understand that your mind has not been fully sacrificed, that is, your mind does not fully belong to God. Therefore, o complete renunciates children, now understand the deep secrets and become detached observers while performing actions and observe yourselves and move along with great caution. Gopi Vallabh Himself is explaining to His beloved gopes and gopis what true and real love of each one of you is. O my dear breath of life, you have to accept the love-filled caution of one another because the more lovely a flower is, the more elevated the sustenance you give it. In order to make a flower *valuable*, a gardener has to remove it from the thorns. In the same way, when someone cautions you, you must understand that that one has given you sustenance, that is, *served* you. You have to give *regard* to that *service* and sustenance. This is the way to become complete and perfect. This is real inner love filled with knowledge. With this divine love, there should also be a lot of *regard* for one another. In every situation, you first have to caution yourself. This is a very sweet and humble stage. By moving along with love in this way, it will be as though you feel in yourself the beautiful days of the golden age. There, you have this love in a *natural* way, but, at this *sweetest* time of the confluence age, this is the only very sweet and entertaining love for *servicing* one another. This pure love is remembered in the whole world.

Each of you living flowers has to remain constantly cheerful because when you have faith in the intellect your every vein is completely filled with God's power. Such an attractive power will definitely show its divine miracles. Because small innocent children are pure they are constantly smiling and pull everyone towards themselves with their entertaining activities. In the same way, the life of each one of you should be such a Godly entertaining life. For this, you have to gain victory over your devilish nature with some method. Whenever you see anyone coming towards you with the fire of anger, then go in front of that person as an embodiment of knowledge, with a sweet smile, just as you smile in your childhood, and that person will become quiet, that is, from having forgotten his own self, he will become aware of himself. Even though he may not be aware, gain victory over him in a subtle way and become a master. This is the most elevated method of being a master and a child.

Just as God is the embodiment of total knowledge, in the same way, He is also the embodiment of total love. Both these *qualities* are merged in God but *first* is knowledge and *second* is love. If you simply become an embodiment of love without becoming an embodiment of knowledge, that love would take you towards an impure account and this is why you have to *merge* the love and first of all become an embodiment of knowledge and gain victory over the Maya that comes in different forms and then become an embodiment of love. If you have love without knowledge you may then become disturbed, just as someone who goes into trance without knowledge would sometimes become trapped in Maya. This is why Baba says: Children, this trance is also a very fine chain of thread, but when you first become an embodiment of knowledge and then go into trance, you will experience great pleasure. So, first is knowledge and then trance. A knowledge-based stage is more elevated than a trance-based stage. Therefore, o children, first of all become embodiments of knowledge and then let the love *emerge*. To have love without knowledge creates obstacles in this effort-making life.

The stage of a detached observer is very sweet, entertaining and beautiful. Your future life depends on this stage. When you have physical suffering, if you settle that as a detached observer in the stage of an embodiment of happiness, then the account of *past* actions is settled and, as well as that, an account of happiness is created for the *future*. So, this stage of a detached observer and an embodiment of happiness has a *connection* with both the *past* and the *future*. By understanding this secret you will not say that your beautiful time passed by in just settling accounts. No; these are the beautiful moments of effort in which

both tasks are being accomplished completely. Only intense effort-makers who accomplish both tasks are able to experience supersensuous joy and bliss.

You children have to have full faith in every situation of this *variety drama* because this predestined *drama* is absolutely faithful. Look! This *drama* makes each and every living being play their *part* fully. Even if someone is *wrong*, he fully plays his *part* of being *wrong*. This is also fixed in the *drama*. Since both *right* and *wrong* are fixed in the *plan*, then it is not knowledgeable to have any doubts about anything because each *actor* is playing his or her own *part*. In a film, many different types of *actor* perform their own *acting* and when you see them, you don't have dislike for some and happiness for others. You know that it is just a performance in which each one has received his or her *part* of being *good* or *bad*. In any case, you have to continue to watch this eternal, predestined film as a detached observer while having a constant stage and remaining cheerful. This *point* has to be imbibed very well in a gathering. Look at one another in your Godly form. Take up the knowledge of realisation and imbibe all the Godly virtues. With the awareness of your form, let the divine virtues of remaining peaceful, humble, patient, sweet and cool etc. *emerge*.

The main *foundation* to being patient is: *wait and see*. O My beloved children, *wait* means to have patience and *see* means to see. First of all, imbibe the virtue of patience in your heart and then see the external *variety drama* as a detached observer. Until the moment for you to hear about any secret comes close you have to imbibe the virtue of patience. Then, because of that patience, when you find out about any secret, you will not become disturbed. Therefore, o effort-making beings, just wait a little and continue to observe the secrets as you move along. It is with this stage of patience that you are able to accomplish all your tasks fully. This virtue is connected with faith. Have faith in the intellect, be a detached observer and continue to watch every scene with a cheerful face, while having patience internally and remaining completely stable. This is the mature stage of knowledge which you have in a *practical* way at the time of completion. That is why you have to make the effort to stay in this stage of a detached observer over a long period of time.

For instance, for an *actor* to play the *part* that he has received very well he has to *rehearse* it beforehand. In the same way, for you dear flowers to *pass* the very difficult tests that are to come in the future with the power of yoga, you definitely have to *rehearse* them beforehand. However, if you haven't made this effort over a long period of time, then you will *fail* at that time because of being nervous. Therefore, first of all make your Godly *foundation* firm and become one who has imbibed all divine virtues.

By remaining in the stage of an embodiment of knowledge, you automatically have the stage of being peaceful. When the knowledgeable children sit together and listen to the murli, an atmosphere of peace is created all around because when you listen to any of the elevated versions you go very *deep* inside. By going *deep* inside, you experience very sweet silence inside. You don't have to sit and make any special effort for this, because by being knowledge-full you automatically develop this virtue. When you children wake up early in the morning and sit in silence, waves of pure thoughts arise in you. At that time, you have to have the stage of being completely beyond. Then, by remaining stable in your original pure thoughts, all other thoughts are automatically silenced and your mind will become peaceful because you definitely need power to control your mind. This is why you first of all have to imbibe the pure thoughts of your aim. When your intellect's yoga is disciplined internally you will then automatically have the stage of being free from any other thoughts. Achcha.

To the sweetest, beloved, long-lost and now-found children, to the children who are the garden of knowledge, to the stars of knowledge, love, remembrance and good morning from the Mother, Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

- 1 With the awareness of your aim, imbibe all divine virtues, such as being peaceful, humble, patient, sweet and cool etc.
- 2 Watch this play while having faith in the intellect, and so a detached observer and with a cheerful face. Internally, remain patient and stable. You have to make effort to remain in the stage of a detached observer over a long period of time.

Blessing: May you become victorious and a conqueror of Maya and do true service by constantly keeping one Rama in your heart.

The speciality of Hanuman that is shown is that he was a constant server and a Mahavir and that is why, although he himself did not get burnt, he burnt the whole of Lanka with his tail. Here, too, only those who are constant servers are able to finish all rights of Maya. Those who are not servers cannot burn Maya's kingdom. Hanuman always had one Rama seated in his heart and so there shouldn't be anyone but the one Father in your heart. There shouldn't even be any awareness of your own body because only then will you become victorious and a conqueror of Maya.

Slogan: Just as the soul and body are *combined*, in the same way, remain *combined* with the Father.

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