

With your determined thought become an example of being *tension-free* and become an image of support for everyone. With the power of your mind give souls who are experiencing sorrow the blessing of happiness.

Today, the *Great-great-grandfather* is seeing the lines of fortune of His children who are the few out of multimillions and the handful of that few. He is seeing the sparkle of the divine, sparkling star on each one's forehead. He is seeing the line of love from their eyes. He is seeing the line of knowledge through their mouths. He is seeing the line in the heart of being lost in love for the heart of the Comforter of Hearts. He is seeing the line of the treasures of knowledge in their hands. He is seeing on their feet the line of multimillions at every step. Each child is full numberwise in each of these lines. No one apart from you can have this fortune. Such elevated fortune of each one is visibly sparkling, and this fortune becomes imperishable. Why? Because it is the imperishable Father who gives it to you. Only at this confluence age do you attain this elevated fortune which continues in the future too. This confluence age is the age of all attainment. To the extent that each one of you accumulates your fortune, so you continue to receive the fruit of fortune for many births. Only you children know the praise of this confluence age. The attainments of the confluence age are the most elevated of the whole cycle.

BapDada is seeing how full each child is with the attainments of the confluence age. Do all of you constantly experience all the attainments of the confluence age or only sometimes? The Father is imperishable and so the attainments are also imperishable. You know in which form BapDada wishes to see all of you, do you not? BapDada wants every child to be a self-sovereign king, to be a king and rule over the self, that is, over your physical senses and your mind, intellect and sanskars. Of course, you will have a right to the kingdom in the future, but you should now become a king who has a right to self-sovereignty. All your physical senses should be under your control because you have received the treasure of all powers from the Father. BapDada wishes to see every child in the form of a king who has a right to self-sovereignty. Have all of you become self-sovereigns, masters of the self? Have you developed *ruling power* and *controlling power* over your mind and intellect? There isn't any dependence, is there? You have a right. When you keep BapDada with you and you do not become alone, when you constantly keep the Father as your Companion, then neither your mind, nor intellect nor sanskars has the power not to be under your *control*. This is why BapDada always says to the Shaktis: Which form of yours should you always remember so that you never forget the Father's company? That form is: I am a Shiv Shakti. Shiv and Shakti are combined. This awareness automatically makes you a conqueror of Maya and a conqueror of matter because BapDada has already told you that at present the elements of matter are continuing to do their work. Because human souls have troubled the elements of nature, they are also troubling human souls. Nowadays, you are seeing that the elements are carrying out their work somewhere or other but you are becoming conquerors of matter and making the elements satopradhan. People are afraid on seeing the upheaval of the elements and are wondering what will happen tomorrow. You know that the best of all will take place because it is now the confluence age, the amrit vela of the world cycle. What comes after amrit vela? Morning. Darkness finishes and there is light. You are now happy that your

kingdom of the world of happiness, where matter also gives happiness, has now almost come. You have this happiness, do you not? In that kingdom, there will be no name or trace of sorrow or peacelessness because you are becoming the conquerors of matter at the confluence age. What is the happiness that all of you have? Say: Our kingdom is about to come. Do you have this happiness? Those who maintain this happiness, raise your hands! Very good. You remain happy and so, congratulations for that! However, are you enabling this happiness of yours to reach your brothers and sisters through the rays that you have received from the Father, because they are experiencing sorrow and peacelessness? BapDada had said: Each of you has to *fix* some time in your daily timetable to do such service through the mind. Just as you have fixed a time for other things, in the same way, through the nourishment of your happiness and with the power of your mind, give them some blessings and make them happy. Those who have fixed their time for doing service through the mind, raise your hands! Achcha. Those who haven't done this are few; so now fix a time for that because they are your brothers and sisters, are they not? Do you not feel mercy? Or, is it that you don't feel mercy for them? You do, do you not? BapDada wants to see the two special things of the confluence age that are invaluable: One is the power of thoughts and the second is the time of the confluence age because in the one birth of the confluence age you have to create a reward for many births.

Nowadays, BapDada sees that many have fewer impure thoughts but that waste thoughts do continue to come. According to the value of this one birth, waste thoughts should now be *finished* because, according to the importance of the confluence age, one *second* gives you a right to so much invaluable time. This is why, each one of you has to know the value of these two things – time and thoughts – and use time and thoughts in a worthwhile way. Just as you use your physical treasures in a worthwhile way and you know that by using them in a worthwhile way in this one birth you will accumulate that attainment for many births, in the same way, pay *attention* to both these things; use them in a worthwhile way and become an image of success.

Today, BapDada is giving each child one special blessing. Can each of you children make yourself *tension-free* from today? Have the determined thought that, from today, there will be *attention, no tension*. When BapDada sees the children with *tension*, He feels He should immediately take their photograph and send it to them, and they will then understand what they have become. BapDada wants to make you a conqueror of the mind and a conqueror of the world. After all, where does *tension* come? It comes in the mind, does it not? You are kings. You are masters of the self, are you not? Is the mind yours or is the mind the master? What do you say? Throughout the day, you say “my mind”, do you not? It is not the master, is it? Who has the courage? You will easily receive the Father's blessing, but you simply have to pay a little *attention*. Experience the help of the Father's blessing and then see. Whenever you then look at anyone's face, what will it be like? *Tension-free*, like a lotus or a rose in bloom.

BapDada saw that He has received news from some places of the work He had given you of writing down your *percentage*. You have the result from here too. BapDada is

congratulating you for having paid *attention*. However, according to the time, you will not have so much time to listen and therefore, BapDada now wants you to do service with your mind, your face and your activity. The practice you have now will be useful in the times to come. Can you have the thought to remain *tension-free* from today? Can you do it? Can you do it? Raise your hands! *Tension-free*! Achcha, take everyone's *photo*. Very good. Nowadays *tension* is increasing a lot in the world. When the souls who have tension according to the circumstances see your experience of being *tension-free* and that your activity and face are *tension-free*, you will become an image of support for them. Today, when you tour around in the world or hear the news, what do you see? They continue to invent ways to make themselves happy temporarily. Show those who have *tension* an *example* of being *tension-free*, and they will be able to see some support. Did you have the thought in your mind that you will remain *tension-free*? Did you? Is it a determined thought or ordinary? Where there is determination, success is guaranteed. Not that you will do it at some point, but that you are definitely going to do it. Do you like this? Raise your hands for this! BapDada saw one thing which is that you please Baba by raising your hands. You pleased Baba by raising your hands, but what are you going to do now? There is the difference of day and night between a determined thought and an ordinary thought: that you will do it at some point and that you definitely do have to do it. Today is the last day of this year's season, but next season BapDada wants to see every centre, whether small or large – you have plenty of time till then – next year Baba does not want any reasons or excuses, but He wants to see you as embodiments of solutions. How much courage and enthusiasm do you have for there not to be any name or trace of *tension* in the Brahmin family? Is this possible? Each one of you can ask yourself; is this possible? BapDada wants to hear this good news.

BapDada saw that everyone has a desire to do this, but, when problems come, they make you belong to them. Then you say very sweet things: "This happens, does it not? This will of course happen. This continues all the time, does it not?" You tell BapDada many very sweet things. The solution to everything is simply to become a king, that is all. Become a master of the self, a self-sovereign. Baba is seeing all the children; whether you are sitting in front of BapDada or you are sitting far away but sitting in the heart, you are all in front of His eyes. BapDada is seeing in His heart those who are far away.

BapDada knows that there are small Gita pathshalas set up in Madhuban today. BapDada is first of all giving lots and lots and lots of love, affection and remembrance from His heart to those who are sitting on the floor and in many different places. (More than 28,000 brothers and sisters have reached Shantivan today. Screens were set up in Madhuban, and various places in Shantivan.) BapDada saw that some children have had to face a little difficulty, but, because of happiness, you don't feel any difficulty. At least you had three feet of land to sleep comfortably. BapDada is giving special love and remembrance to those who have become "pat-rani" (queens sleeping on the floor). Achcha.

Those who have come to Madhuban or to meet BapDada for the first time, stand up! BapDada is giving many, many congratulations to the children who have come for the first

time to the new Brahmin family on behalf of Himself and on behalf of the Brahmin family, because even though you have come *too late* you have at least come. You have now seen BapDada and the family. BapDada feels that, even if you have come today, you have a special blessing that if you want it in your heart, then, though you have come *last*, you can go *fast*; you can go ahead *fast*. BapDada and the family have love for all of you souls. They (the Brahmin family) will be co-operative; they will give you love and enable you to move forward. They will give you a *chance*. This is why those who have come today have a very good chance in the drama to go ahead. Wherever you have come from, the whole family will be co-operative with you and you just have to become easy yogis. Achcha.

It is the turn of Rajasthan and Bhopal to serve: BapDada is seeing that the zone that is serving this time has the most new souls in their group. It is good. Those from Rajasthan are half the class. Father Brahma liked the land of Rajasthan so much that he created Madhuban in Rajasthan. BapDada saw that very good expansion is now taking place in all the places of Rajasthan. Very good programmes of giving the Father's message to new souls are now taking place. However, BapDada is telling everyone: Each centre has to prepare a group of heir souls who have love for the yagya, those who move forward themselves and who make others have love for the yagya. Last time too, BapDada said this: There is expansion of souls who have love for the yagya, who have love for service and who are moving forward in constantly using everything in a worthwhile way. It is good. Everyone has a lot of zeal and enthusiasm in the task of giving the message. BapDada now wants to see the maximum number of those who have a balance of the self and service come forward from each centre. Not just service, but the self and service because there isn't that much time for self-transformation now. This is why it is first the self and service with that. Each centre has to become free from obstacles, all companions are to be free from obstacles - not just the teachers, but the whole class has to be free from obstacles - and all should pay *attention* to self-transformation. Now, increase this. Listen to each one and give them wings of zeal and enthusiasm so that you are able to give BapDada the news of the centre being free from obstacles. BapDada saw that Rajasthan is also moving forward and will continue to do so. BapDada is congratulating each child for moving forward. Achcha.

Bhopal zone: Achcha, this zone is also moving forward very well in transforming the self and bringing about expansion in service. BapDada is pleased that each child is making plans for the self and is also putting those into *practical* form. BapDada's pure hope is that you will constantly continue to move forward. It is seen that there is zeal and enthusiasm in every zone and this is why you are bringing about expansion in service at your own places. BapDada is congratulating you for the future too. Continue to move forward, fly and make others fly. Achcha.

Double-foreign brothers and sisters: The *foreigners* are given the title "*Double foreigners*". Not just *foreigners*, but *double foreigners*. It is seen practically, that, just as you are given the title "*Double foreigners*", in the same way, the *majority* of you have double intoxication. What is the *double* intoxication you have? That you have double zeal and enthusiasm, and BapDada sees that you have good zeal and enthusiasm. BapDada is

pleased that, initially, there was establishment in just London, whereas today double foreigners are doing service in so many places and making everyone belong to BapDada and the Brahmin family. You have a very good aim of making them belong to Baba and this is why there is the *proof*. Earlier, you used to come in just your turn but you now come in almost every turn. BapDada is pleased that the people of Bharat have enthusiasm when they see the children from abroad going ahead of the Bharatwasis: “Those from abroad are moving forward and so we should not be left behind.” The people from Bharat also have the enthusiasm, and in effort too. It has been seen that though those from abroad have test papers, they have the one speciality of speaking about them with an honest heart. They don’t keep anything inside and they find a solution with an honest heart. BapDada is pleased that when you have a clean heart the Lord becomes present. Seeing this good *result*, BapDada is congratulating you and also giving you a blessing: You will constantly continue to move forward. Teachers are also making good effort. BapDada is pleased that those from abroad are taking maximum benefit from Madhuban. BapDada is seeing that you have started doing service abroad in a big way in even the smaller places. Congratulations for service and congratulations for self-transformation. Continue to fly and make others fly. Achcha.

BapDada is specially congratulating the children from everywhere in this land and abroad for easily moving forward in their effort and enabling others to move forward. BapDada has already given a *direction* for the time that is to come: Become an intense effort-maker. Put a full stop in a second. The practice of putting a full stop is extremely essential. Do not be slack in this. Anything can happen suddenly and this is why BapDada’s pure hope is that each child is with Him, will return with Him and will rule the kingdom with Father Brahma. Then Shiv Baba will become the detached Observer. You are going to become companions and so you definitely have to become equal to BapDada. Achcha. Congratulations from BapDada to each child for this year, and for next year (season), too, that you definitely have to be constantly equal to the Father. Achcha.

Mohiniben: You had the thought that you have to do it and so you did it. That is your strength. Understand that it has to happen.

Dadi Janki: You have love and your love reaches Baba. (To all Dadis): BapDada is pleased to see all of you. Why? Why is He pleased? Because you have become protectors of the yagya and are moving forward in running the yagya. All of you are instruments. (Dr. Nirmala): You did well.

Rukmani Dadi: BapDada knows that all of you are managing with your health, but you are instruments. Those who are instruments will enable them to work, so each one should consider the self to be an instrument and conduct yourself and also run the yagya. This is a responsible group. Do you understand? Each one of you is responsible.

Par Dadi: Your sitting in your room and spreading rays of co-operation is spreading throughout the yagya. You remain constantly happy and this is why your face is always cheerful. You are happy and have the fortune of happiness.

Dr. Ashok Mehta: Are you OK now? Is the weakness finishing? (They have just begun the treatment.) The more you walk the better you will become. You have played a good part, but now pay attention to one thing: Keep your intellect always connected to the Father. Other things should not influence your intellect because this is the income of the intellect's yoga. Let the past be the past completely; do not think or speak about it. In that too, seek the benefit from the loss because you are the Father's instrument soul. The Father should be visible in you. Everyone should say: "As is the Father, so this one is equal to the Father." Can you do this? Keep your intellect very happy, detached and loving and there will be wonders. You will become an *example* in the family. It is good. What you have done is good. Now, it will be the best of all.

Acharya Pramod Krishnamji: Look at your family! This is your home and your family. You have come to your home. The Father is pleased that the child has come to his home.

Puneet Issar (An actor who played Duryodhan in the TV serial "The Mahabharata"): Look, today you have come into your family. You like this family, do you not? (It is unique.) So, you have to become like them and make others the same. Those who reach Madhuban are very lucky. The *luck* of those who reach Madhuban is always open. Very good. (I played the part of Duryodhan in the Mahabharata.) You have now changed. You are not Duryodhan now. You have now become a companion in the Father's task. This one has also become a companion.

Various VIP souls meeting BapDada (Bhagwati Prasad, Minister, Uttar Pradesh; Dhananjay Munde, M.L.A., Maharashtra and family) etc.

If you feel that this is your home, then continue to come to your home. BapDada's blessing is: Constantly remain happy and share that happiness.

Look, the more co-operative you become the more yogi you will become. Continue to be co-operative in service and you will become yogi. Definitely study. Be accurate in the Godly study.

Continue to move along as you are doing and continue to move forward. You are good. Continue to move forward.

You are co-operative considering this to be your home. Co-operative and yogi. You are playing your part as a karma yogi and will continue to do so. Remember the word "karma yogi". No matter how many actions you perform, be a yogi. Do not forget yoga. This one is also a karma yogi.

Look, to have love for the murli means to also have love for the Father. Because you have love for the Father, claim a right to the inheritance. You will do this.

You have now understood this task and the more co-operative you become in this, the more yoga you will be able to have. It will not be an effort then because co-operation enables you

to move forward. So, be a karma yogi. Not just karma, but also yoga. So remember: I am a karma yogi soul.

Speaking to Karsanbhai (Founder of Nirma group industry) and his wife: BapDada saw that you are playing your double part very well. You continue to have the murli and remembrance and are also moving forward in your business. This is known as being a karma yogi. To perform karma and also have yoga. Achcha. You are a karma yogi child.

Mega star of Tollywood – Chiranjeevibhai and his wife Surekhaben: Now, here, also, become a hero in service and yoga. Here, together with being a *hero*, you also have to be a *zero*. And this one is your companion. Both of you are together. You are now united, are you not? By having one direction, it becomes very easy and you remain very happy. Remember, just are not just a *hero* but a *zero*. You will move forward. Just do not forget the words “Mera Baba”. By saying “mera” you will receive the full inheritance. You are each ahead of one another, you in your own way and this one in her own way.

Ashish Gupta is inaugurating his “Peace of Mind” channel. You are also not one who gets things done, but one who does things. You are a companion, are you not? It is an act of great charity to be a companion in whatever auspicious task that takes place. You are not one who will just run this, but you will also be a companion and put enthusiasm into everyone. Your duty is to give enthusiasm. You are just an instrument. Simply have good wishes, that is all. You know how to have good wishes, do you not? Your good wishes will enable many others to have good wishes. Achcha.

***** OM SHANTI *****