

**Essence:** Sweet children, the Father is the *saccharine* of love of all relationships. Remember the one sweet Beloved and your intellect will move away from all other directions.

**Question:** What is the easy effort you make and way to become karmateet?

**Answer:** Make effort for your vision of brotherhood to become firm. Forget everything except the one Father from your intellect. When you don't remember any bodily relationships, you can become karmateet. The destination of your effort is to consider yourselves to be souls, brothers. By considering yourselves to be brothers, body-conscious vision and all vicious thoughts will end.

Om shanti. *Double Om shanti*. It is in the intellects of only you children how it is *double*. The Father sits and explains to only you children. First of all, you should have faith in the Father because He is the Father, *Teacher* and also the Guru. In the world, all three are separate. You have a *teacher* when you are young, and a guru is adopted after the age of 60. However, when that One comes here, He does all three types of *service* at the same time. He says: All – young and old – can study here. Children's *brains* are very good and *fresh*. You children understand surely that young and old are all living souls. A soul enters a living body. There is a difference between a soul and a living body. Here, you children are given the knowledge of the soul and the Supreme Soul. Souls are imperishable, but bodies are created here through corruption. There, there is no mention of corruption. It is remembered that that is the completely viceless world. There are the words "elevated" and "corrupt". Only the Father explains all of these things. You children should simply have the firm faith that the Father of us souls is teaching us. The Father comes at the most auspicious confluence age. So, this proves that, from being the lowest, He makes you the most elevated. This world is degraded and tamopradhan; it is called the extreme depths of hell. We now have to return home, and this is why you have to consider yourselves to be souls. The Father has come to take you back. Have the firm faith that we are brothers. This body will not remain, and the vision of vice will end. This is a high destination. Very few can reach this destination because it requires effort. Nothing should be remembered at the end. That is called the karmateet stage. Even this body is perishable. You have to remove your attachment from it. You mustn't have any attachment to old relationships. You now have to go into new relationships. The old devilish relationship between husband and wife is so dirty. The Father says: Consider yourselves to be souls. You now have to return home. If you consider yourselves to be souls, there will no longer be the consciousness of the body. The attraction between male and female will be removed. It is written: Those who remember a woman at the end, those who die with such thoughts... This is why it is said: "At the final moments, let there be the water of the Ganges in your mouth and also the remembrance of Krishna." On the path of devotion, they remember Krishna. They say: God Krishna speaks. Here, the Father says: You mustn't even remember your body. Consider yourself to be a soul and continue to remove your heart from everything else. In all relationships, the love of the One becomes like *saccharine*. He is the sweetest Beloved of everyone. There is just the one Beloved, but, on the path of devotion, they have given Him so many names. There is a lot of expansion of devotion: sacrificial fires, tapasya, making donations, going on pilgrimages, holding fasts and reading scriptures are all the paraphernalia of devotion. There is no paraphernalia of knowledge. You continue to *note* this down to explain to others, but none of your paper etc. will remain. The Father explains: Children, you came from the land of peace. You were peaceful. You claim the inheritance of peace and purity from the Ocean of Peace. You are now claiming your inheritance. You are also receiving knowledge. Your *status* is in front of you. No one, apart from the Father, can give this knowledge. This is spiritual knowledge. The spiritual Father only comes once in order to give this spiritual knowledge. He is called the Purifier. Baba sits here and conducts *drill* for the children in the morning. In fact, this should not even be called *drill*. The Father simply says: Children, consider yourselves to be souls and remember Me. It is so easy. You are souls. Where have you come from? From the supreme abode. No one else would ask you this. Only the parlolik Father asks you children: Children, you came from the supreme abode and entered those bodies to play your *parts*. You have played your *parts* and the play has now come to an end. When the soul became impure, his body also became impure. Only when gold is melted is *alloy* mixed into it. Those sannyasis would never explain this meaning. They don't even know God. They don't even believe in having yoga with the Father. No one else can teach you what the Father teaches you. Here, you have to make effort *practically*. The Father explains to you so easily. It is remembered: He is the Purifier, the Almighty Authority. He alone is called Shri Shri. Deities are also called Shri. It suits them because both souls and bodies there are pure. No one can say that souls are immune to the effect of action. It is the soul that takes 84 births. However,

because of not having knowledge, people have become *unrighteous*. Only the one Father comes and makes you *righteous*. Ravan makes you *unrighteous*. You have the pictures. There isn't a Ravan with ten heads. Ravan doesn't exist in the golden age. This is very *clear*. However, for those who listen to your knowledge, it is said that they are *saplings* who belong here. Some listen to only a little and others listen to a lot. Look how much expansion there is on the path of devotion! There are many types of devotee. In the beginning they heard that women were abducted. They also say of Krishna that he abducted women. In that case, why do they love and worship such a Krishna? The Father sits here and explains that Krishna is the *first prince*. He would be so wise. Would someone who is the master of the whole world have so little wisdom? There, they don't have advisers etc., they don't need to take advice. Having taken advice, he became perfect so what other advice would he take? You don't need to take anyone's advice for half the cycle. You have heard the names of heaven and hell. This place cannot be heaven. Those who have stone intellects consider this to be heaven because they have wealth and palaces and everything else here. However, you know that the new world is heaven. In heaven, all are in salvation. Heaven and hell cannot exist at the same time. What is called heaven? How long is its duration? The Father has explained all of these things to you. It is one and the same world. The new world is called the golden age and the old world is called the iron age. The path of devotion is now ending. After devotion, there has to be knowledge. All living beings have become impure while playing their *parts*. The Father has explained that you receive greater happiness. There is three quarters happiness and one quarter sorrow. In this too, you have greater sorrow when you become tamopradhan. If it were half and half, how would you enjoy it? There is pleasure when there is no name or trace of sorrow, when it is heaven. This is why everyone remembers heaven. No one knows about this unlimited play of the old world and the new world. The Father only explains to the people of Bharat. All the others come in the second half of the cycle. In half the cycle, there are just you who belong to the sun dynasty and the moon dynasty. You remain pure and this is why you have a long lifespan and the world is also new. There, *everything is new*: food, water, land etc. are all new. As you make further progress, you children will be given visions of how everything will be in the golden age. You had visions in the beginning and so you will also have them at the end. As you come closer, you will be happy. When a person returns to his own country from abroad, he becomes happy. When a person dies abroad, his body is brought back to his own country by *plane*. The purest and most *first-class* land was Bharat. No one, apart from you children, knows the praise of Bharat. It is the *wonder of the world*. It was called heaven. The *wonders* that people show are the wonders of hell. There is the difference of day and night between the *wonders* of heaven and the *wonders* of hell. Many people go to see the *wonders* of hell. There are so many temples. There are no temples there. There is *natural beauty* there. There are very few human beings there. There is no need for any perfume etc. Each one of you will have your own *first-class* garden in which there will be *first-class* flowers. The air there will also be *first class*. You won't be troubled by hot weather etc., it will always be Spring. There is even no need for incense sticks. As soon as you hear the name of heaven, your mouth begins to water. Because you know heaven, you would say: We should quickly go to such a heaven. However, your hearts then say: At this time we are with the unlimited Father. The Father is teaching us. We will not receive such a *chance* again. Here, human beings teach human beings. There, deities teach deities. Here, it is the Father who is teaching you; there is the difference of day and night. You should have so much happiness. You have taken 84 births. Only you know the *history* and *geography* of the *world*: We claimed the kingdom many times and went into the kingdom of Ravan again. The Father now says: Become pure for one birth and you will then become pure for 21 births. Why will you not become that? However, Maya is such that there is impure vision between brother and sister too; they remain weak. There will be no problem (pure vision) when you consider yourselves to be souls and brothers. Remove the consciousness of the body. This requires effort. It is very easy. If you tell someone that it is *difficult*, his heart would move away. So, this is why it is called easy remembrance. Knowledge is also easy. You have to know the cycle of 84 births. First of all, give the Father's introduction. The rust on the soul will be removed through having remembrance of the Father. You will then receive the inheritance of the pure world. First of all, remember the Father. People speak of the ancient yoga of Bharat through which Bharat receives the sovereignty of the world. How many years ago is "ancient"? They say that it was hundreds of thousands of years ago. You know that it is a matter of only 5000 years. The Father is once again teaching you that same Raja Yoga. There is no need to be confused about this. You are asked: Where is the residence of you souls? You say that you reside in the centre of the forehead. So, you have to look at the soul. You receive this knowledge at this time. Then, there will be no need for knowledge there. Once you have received liberation and

liberation-in-life, that's all. Those who have received liberation will go into liberation-in-life at their own time and experience happiness. Everyone goes into liberation-in-life *via* liberation. You will go to the land of peace from here. There is no other world. According to the *drama*, everyone has to go back. Preparations are being made for destruction. They spend so much money on manufacturing *bombs*, but they are not manufacturing them just to keep them. The armaments are all for destruction. These things do not exist in the golden and silver ages. Your 84 births have now ended. We will shed our bodies and go back home. Everyone wears good, new clothes at Deepmala. Your souls are also becoming new. This is an unlimited matter. When a soul becomes pure, he receives a *first-class* body. At this time, people follow *artificial fashion*. They put on *powder* etc. to look beautiful. There is *natural beauty* there. Souls become *ever beautiful*. You understand that not everyone is the same at *school*. You are also making effort to become like Lakshmi and Narayan. This is your Godly clan. Then, there will be the sun dynasty and moon dynasty clans. You Brahmins do not have a kingdom. You are now at the confluence age. There aren't any kingdoms now in the iron age. There may be some kingdoms left, because it never becomes *nil*. You are now making effort to become that. You souls see that you are brothers and that that One is the Father. The Father says: See one another as brothers. You have received the third eye of knowledge. Where do you souls reside? The soul, the brother asks: Where does the soul reside? You say: Here, in the centre of the forehead. This is something *common*. You mustn't remember anything except the one Father. At the end, you will even shed your bodies in remembrance of the Father. You have to make this *practice* firm. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### **Essence for dharna:**

1. In order to attain a *first-class* beautiful body in the golden age, make the soul pure now. Remove the rust. Do not follow *artificial fashion*.
2. In order to become *ever pure*, *practise* not remembering anyone except the one Father. You should even forget that body of yours. Make the vision of brotherhood firm and *natural*.

**Blessing:** May you become filled with all treasures and a bestower who bestows by being aware of your form of one who has a right to the kingdom and then worthy of worship. Constantly maintain the awareness: I am a worthy-of-worship soul and a bestower who gives to others; not one who takes (levta), but one who gives (a deity – devta). Just as the Father gave to all of you by Himself, in the same way, become a *master* bestower and continue to give, do not ask for anything. Maintain the awareness of your form of one with a right to the kingdom and one who is worthy of worship. Until today, people have been going to your non-living images and have continued to ask for something and to be saved. So, you are the ones who save others, not those who cry out to be saved. However, in order to become a bestower, become filled with all treasures through remembrance, service, good wishes and pure feelings.

**Slogan:** Happiness on your face and in your activity is the sign of a spiritual *personality*.

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